Pos runner\_name Club time gender Age Grp
1 Lewis Timmins (216) Morpeth Harriers 15.00 M
2 Nick Swinburn (256) Morpeth Harriers 15.04 M
3 Michael Grivmes (220) Durham City 15.14 M
4 James Askew (159) Durham City 15.18 M
5 Mark Hood (1) Sunderland Harriers 15.30 M
6 Kevin Calvert (161) Sunderland Harriers 15.37 M
7 Neil Wilkinson (232) Morpeth Harriers 15.38 M O40
8 Mark McLeod (14) Elswick Harriers 15.54 M
9 Gregory Jayasuriya (218) Middlesbrough & Cleveland Harriers 15.56 M
10 Andy Burn (193) Jarrow & Hebburn AC 15.57 M
11 Harry Coates (174) Wallsend Harriers 16.03 M
12 Chris Smith (186) Wallsend Harriers 16.04 M
13 Tom Danby (223) New Marske 16.05 M
14 Brendan McMillan (258) Claremont R.R. 16.07 M
15 Nathan Reed (153) Sunderland Harriers 16.16 M
16 Keith Smith (154) Tyne Bridge 16.21 M O45
17 Lee Bennett (18) Elswick Harriers 16.22 M O40
18 Paul Wilson (252) Hartlepool Burn Road 16.24 M
19 Craig Isherwood (207) Sunderland Harriers 16.26 M
20 Brian Hetherington (189) Wallsend Harriers 16.29 M O45
21 Chris Rumsey (217) Middlesbrough & Cleveland Harriers 16.32 M
22 Michael Hedley (110) Jesmond Joggers 16.34 M
23 Stewy Bell (196) Blackhill Bounders 16.36 M O40
24 Andrew Pearson (72) New Marske 16.41 M O40
25 Fergus Bates (118) Morpeth Harriers 16.42 M
26 Michael Barker (71) Chester-le-Street 16.43 M
27 Tim Field (111) Sunderland Harriers 16.43 M O45
28 Andy Graham (187) Wallsend Harriers 16.44 M
29 Jonathan Wilkinson (75) Durham City 16.44 M
30 Liam Emmett (157) South Shields 16.45 M
31 Michael Thomsen (55) Morpeth Harriers 16.48 M
32 Thomas Staughan (275) Morpeth Harriers 16.49 M
33 Steven Potts (128) Sunderland Harriers 16.50 M
34 Patrick Duffy (120) Unattached 16.53 M
35 David France (40) Low Fell RC 17.00 M
36 Joseph Turner (86) Tyne Bridge 17.01 M
37 Sparrow Marley (64) Tyne Bridge 17.02 M
38 Paul Waterston (201) Morpeth Harriers 17.07 M O45
39 Jonathan Baines (230) Durham City 17.14 M
40 Floyd Jone (208) Newton Aycliffe AC 17.16 M O45
41 Oliver Jardine (150) Heaton Harriers 17.17 M
42 Jon Dobson (54) Sunderland Harriers 17.19 M O45
43 Yonas Fekau (248) Middlesbrough & Cleveland Harriers 17.21 M
44 Shaun Lawson (242) Middlesbrough & Cleveland Harriers 17.23 M
45 Dan Weatherill (184) Wallsend Harriers 17.24 M
46 Danielle Hodgkinson (178) Wallsend Harriers 17.28 F
47 Patrick Houghton (53) North Shields Poly 17.32 M
48 Jason Clark (12) Elswick Harriers 17.39 M
49 Steve Gordon (10) Sunderland Harriers 17.41 M O40
50 Angela Hibbs (127) Jarrow & Hebburn AC 17.44 F
51 John Sturman (282) Wallsend Harriers 17.44 M
52 Phil Musgrave (262) North York Moors AC 17.50 M
53 Chris Gillis (247) Claremont R.R. 17.51 M
54 Alex Snook (8) Jarrow & Hebburn AC 17.54 F
55 Garry Robson (222) North Shields Poly 17.56 M O45
56 Carolyn Summersgill (243) Middlesbrough & Cleveland Harriers 17.57 F
57 Lorna Young (246) Heaton Harriers 17.57 F
58 Alistair MacDonald (112) Morpeth Harriers 17.59 M O45
59 Gordon Dixon (73) Morpeth Harriers 18.01 M O50
60 Jon Parker (83) North York Moors AC 18.02 M
61 Dominic Dunn (215) Middlesbrough & Cleveland Harriers 18.03 M
62 Kevin Emmett (156) South Shields 18.04 M O45
63 Danny Carlyon (202) Sunderland Harriers 18.05 M
64 Paul Leigh (185) Wallsend Harriers 18.06 M O45
65 Chris Waugh (107) Morpeth Harriers 18.08 M O50
66 Daniel Whittle (221) Durham City 18.08 M
67 Roger Sillito (42) Low Fell RC 18.10 M
68 Christopher Wilkinson (76) Durham City 18.13 M
69 Bruce Crombie (274) Alnwick Harriers 18.14 M
70 Kevin Stephenson (66) Elswick Harriers 18.14 M O45
71 Dave Littlemore (235) Elswick Harriers 18.15 M O60
72 Stephen Mussett (257) Loftus & Whitby AC 18.16 M
73 Kevin Knight (238) Durham City 18.19 M O40
74 Jon Balmer (142) South Shields 18.20 M
75 David Morrow (194) Unattached 18.22 M
76 Paul James (273) Wallsend Harriers 18.23 M
77 Kevin Lister (97) North East Vets 18.24 M O40
78 Scott McEntee (237) Heaton Harriers 18.24 M
79 Graham Armstrong (231) Wallsend Harriers 18.25 M O50
80 Paul Wilkinson (109) North Shields Poly 18.25 M
81 Mick Skeldon (181) Wallsend Harriers 18.28 M O40
82 Matthew Fearn (74) Unattached 18.29 M
83 Tracey Waller (254) Hartlepool Burn Road 18.32 F O40
84 Bryan Astll (253) Hartlepool Burn Road 18.33 M O45
85 Jason Bridgewatter (271) Crook AC 18.33 M O40
86 Andy Lisle (84) Tyne Bridge 18.34 M
87 Paul Weir (205) Unattached 18.35 M
88 Jordan Bell (197) Blackhill Bounders 18.37 M
89 Joanne Lee (251) Tynedale Harriers 18.38 F O35
90 Paul Brown (188) Wallsend Harriers 18.38 M O45
91 Barry Allsopp (182) Wallsend Harriers 18.39 M O55
92 Clare McManus (106) North Shields Poly 18.40 F O35
93 Thomas Bell (244) Heaton Harriers 18.40 M
94 Vicky Hindson (172) Wallsend Harriers 18.42 F
95 James McAnaney (80) Sunderland Harriers 18.45 M
96 Andy Harrison (269) Tyne Bridge 18.48 M O40
97 Darren McBain (239) Durham City 18.50 M
98 Paul Cooper (103) Sunderland Harriers 18.51 M O40
99 Chris Herkes (21) Durham City 18.53 F
100 Chloe Price (126) Durham City 18.56 F
101 David Henson (5) Unattached 18.57 M
102 Ben Darcy (276) Jesmond Joggers 18.58 M
103 Elaine Leslie (77) Jarrow & Hebburn AC 19.00 F O40
104 Ross Anderson (259) Unattached 19.02 M
105 Trevor Baker (241) Middlesbrough & Cleveland Harriers 19.03 M O45
106 Graeme Pullan (261) Sunderland Strollers 19.09 M
107 Jason Stirland (138) North Shields Poly 19.09 M
108 Shaun Brown (92) Tyne Bridge 19.09 M
109 Alan Knebel (105) Unattached 19.11 M O40
110 Iain Singer (164) Blyth RC 19.12 M O40
111 Aidan Crowe (91) Sunderland Strollers 19.13 M
112 Mark McNally (195) Elswick Harriers 19.16 M O65
113 John Watson (122) Sunderland Harriers 19.20 M O55
114 Peter Richardson (95) Sunderland Harriers 19.21 M O60
115 Stephen Barker (119) Unattached 19.21 M
116 Robert Sewell (255) Morpeth Harriers 19.24 M O55
117 Jason Catterall (233) Sedgefield Harriers 19.27 M
118 Richie Gerry (270) Sunderland Strollers 19.32 M O45
119 Keith Lewis (100) Sunderland Harriers 19.34 M O45
120 Ben Craig (160) Sunderland Harriers 19.36 M
121 Demen Sonquinson (204) Blackhill Bounders 19.38 M O40
122 Malcolm Leece (162) Jarrow & Hebburn AC 19.43 M
123 Shaun Bagley (203) Sunderland Harriers 19.43 M
124 Caroline Freeman (136) Tyne Bridge 19.44 F
125 Hamish McAllister-Williams (17) Morpeth Harriers 19.45 M O50
126 Ron Wills (101) Sunderland Harriers 19.46 M O50
127 Kevin Carraher (34) Sunderland Harriers 19.50 M O50
128 Dean Phillips (45) Sunderland Harriers 19.59 M O40
129 Suzanne Thew (121) North Shields Poly 20.04 F O35
130 Christopher Kent (50) Unattached 20.08 M
131 Mick Joyce (206) Jarrow & Hebburn AC 20.09 M O55
132 Sue Phillips (166) Darlington Harriers 20.11 F O45
133 Antony Beynon (32) Elswick Harriers 20.13 M
134 Christopher Burns (98) North Shields Poly 20.14 M
135 Frank Devlin (272) Gateshead Harriers 20.17 M O55
136 David Johnson (211) North Shields Poly 20.18 M O55
137 Katie Jones (68) North Shields Poly 20.21 F O45
138 Alison Dixon (240) North Shields Poly 20.22 F
139 Neil Yorkston (284) South Shields 20.24 M
140 Jayne Parkin (265) North York Moors AC 20.25 F O35
141 Lee Coulson (28) Elswick Harriers 20.31 M
142 Graham Youngson (260) Loftus & Whitby AC 20.37 M O60
143 M Carr (234) North Shields Poly 20.41 M
144 Marc Richardson (39) Sunderland Strollers 20.43 M
145 Amy Coulson (130) Sunderland Harriers 20.45 F
146 Lorna MacDonald (114) Morpeth Harriers 20.47 F
147 Joy Fenwick (65) Tyne Bridge 20.51 F
148 Becki Newman (173) Wallsend Harriers 20.52 F
149 Michael Braban (132) Low Fell RC 20.53 M
150 Jeff Henderson (228) North East Vets 20.54 M O40
151 Mark Doctor (2) Alnwick Harriers 20.54 M
152 Peter Sloan (61) Elswick Harriers 21.04 M O55
153 James Walton (277) Unattached 21.06 M
154 Philip Rees (88) North Shields Poly 21.08 M O55
155 Tom Hanson (70) Elswick Harriers 21.10 M O55
156 Lisa Henderson (267) North Shields Poly 21.11 F
157 Alison Cummings (13) North Shields Poly 21.15 F O55
158 Martin Phillips (165) Darlington Harriers 21.19 M O50
159 David White (44) Sunderland Harriers 21.22 M O60
160 Jim Wightman (43) Sunderland Harriers 21.22 M O65
161 Lee Renney (81) Unattached 21.23 M O40
162 Helen Gallagher (144) Unattached 21.25 F O35
163 Ron Murray (62) Tyne Bridge 21.25 M O60
164 Steven French (210) Blyth RC 21.32 M
165 Robert Welsh (268) Sunderland Strollers 21.35 M O45
166 Jack Kelly (152) Sunderland Harriers 21.36 M
167 Gary Lewis (183) Wallsend Harriers 21.43 M
168 Paul Johnson (3) Unattached 21.45 M O40
169 Megan Parkin (90) Tyne Bridge 21.46 F
170 Andrew Hudson (58) Jarrow & Hebburn AC 21.47 M
171 Len Christopher (36) Sunderland Harriers 21.48 M O65
172 Tony Maddocks (180) Wallsend Harriers 21.49 M O45
173 Craig Huddart (229) Unattached 21.50 M
174 Stevie Curry (219) Elswick Harriers 21.50 M O50
175 Jock Bolan (209) Alnwick Harriers 21.51 M O40
176 Rachel Bentley (123) Durham City 21.55 F
177 Melaine Fisher (213) Claremont R.R. 21.58 F
178 Colin McEntee (236) Heaton Harriers 22.00 M O60
179 Paul West (69) Sunderland Strollers 22.01 M O45
180 Sven Schierig (79) North Shields Poly 22.07 M O40
181 C Close (280) Unattached 22.15 M O40
182 Chris Hogarth (4) Claremont R.R. 22.19 M
183 Vicki Thompson (225) Jarrow & Hebburn AC 22.21 F O40
184 Mary Lisle (67) Elswick Harriers 22.23 M
185 Marie Drozdowick (212) Morpeth Harriers 22.28 F O50
186 Kirstan Farquhar (29) Durham City 22.29 F O40
187 John Brettell (143) North Shields Poly 22.41 M O55
188 Gill Weatherill (168) Wallsend Harriers 22.42 F O40
189 Jim Flynn (190) Wallsend Harriers 22.43 M O65
190 Chris Parkin (89) Tyne Bridge 22.45 M O45
191 Alex Pearson (151) Sunderland Harriers 22.49 M
192 Alan Chapman (60) Sunderland Harriers 23.01 M O50
193 Emma Blackett (177) Wallsend Harriers 23.07 F O35
194 Jane Lowes (226) Tyne Bridge 23.09 F O45
195 David Mills (214) Jarrow & Hebburn AC 23.12 M O50
196 David George (278) Unattached 23.14 M
197 Steve Cunningham (192) Wallsend Harriers 23.15 M
198 James Taylor (131) Unattached 23.19 M O40
199 Brian Hume (200) Low Fell RC 23.22 M O65
200 Isao Hara (41) Saltwell Harriers 23.24 M
201 Jill Bennett (19) Elswick Harriers 23.26 F O35
202 Bob Balmer (141) South Shields 23.31 M O65
203 Julie Richardson (22) Elswick Harriers 23.34 F O35
204 Alan Elder (227) Low Fell RC 23.35 M O60
205 Alex Richardson (191) Wallsend Harriers 23.36 M O60
206 Pamela Woodcock (163) Morpeth Harriers 23.56 F O60
207 Michael Hancock (266) Unattached 24.18 M
208 Emma Buckton (170) Wallsend Harriers 24.20 F
209 John Smith (124) New Marske 24.25 M O60
210 Maresa Bell (198) Blackhill Bounders 24.39 M
211 Paul Mustard (115) Unattached 24.41 M O45
212 Caroline Hasson (179) Wallsend Harriers 24.48 F O35
213 Tajinder Singh (288) Sunderland Strollers 24.53 M
214 Christine Lee (48) Elswick Harriers 24.56 F O70
215 Peter Smith (82) Unattached 24.57 M O60
216 Rod Richardson (23) Elswick Harriers 25.02 M O40
217 Dominic McBride (263) Tyne Bridge 25.03 M
218 Stacey Davidson (169) Wallsend Harriers 25.10 F
219 Helen Pagett (158) Heaton Harriers 25.13 F
220 Pamela Gold (139) Heaton Harriers 25.14 F O65
221 Amy Bannister (176) Wallsend Harriers 25.16 F
222 Vivienne Kirchin (149) Elswick Harriers 25.16 F O40
223 Katie Neil (171) Wallsend Harriers 25.21 F
224 Claire Carmichael (175) Wallsend Harriers 25.23 F
225 Katie Robson (134) Elswick Harriers 25.29 F O35
226 Peter Maylia (137) Morpeth Harriers 25.33 M O55
227 Carole Watt (264) Wallsend Harriers 25.34 F O50
228 Janette Kilgour (147) Heaton Harriers 25.35 F O60
229 Wayne McCann (145) Unattached 25.37 M
230 Michelle Mustard (116) Unattached 25.47 F O40
231 John Cosgrove (287) Sunderland Strollers 26.11 M
232 Neil Wilson (283) Unattached 26.20 M O45
233 Tina McIver (135) Elswick Harriers 26.21 F O55
234 Rebecca Bennet (249) Gateshead Harriers 26.22 F
235 Mick Duff (245) Tyne Bridge 26.25 M O65
236 Margaret MacDonald (113) Morpeth Harriers 26.40 F O45
237 Gemma Dixon (285) Sunderland Strollers 26.42 F
238 Ian Blake (94) Unattached 27.03 M
239 Alan Ridley (93) Unattached 27.16 M O40
240 David Whitmore (117) South Shields 27.22 M O70
241 Elizabeth Pallister (38) Elswick Harriers 27.40 F O55
242 Alison Parry (281) Unattached 27.51 F O35
243 Lindsey Deary (286) Sunderland Strollers 27.58 F
244 Geoff Hume (199) Low Fell RC 28.08 M O70
245 Danielle Rutherford (108) Tyne Bridge 28.12 F
246 Mark Hume (224) Alnwick Harriers 29.40 M O65
247 Fiona Ottewell (155) Unattached 32.29 F O45
248 Caroline Morrow (279) South Shields 32.42 F
249 George Routledge (146) Heaton Harriers 34.39 M O65