Pos runner\_name Club time gender Age Grp  
1 Lewis Timmins (216) Morpeth Harriers 15.00 M   
2 Nick Swinburn (256) Morpeth Harriers 15.04 M   
3 Michael Grivmes (220) Durham City 15.14 M   
4 James Askew (159) Durham City 15.18 M   
5 Mark Hood (1) Sunderland Harriers 15.30 M   
6 Kevin Calvert (161) Sunderland Harriers 15.37 M   
7 Neil Wilkinson (232) Morpeth Harriers 15.38 M O40  
8 Mark McLeod (14) Elswick Harriers 15.54 M   
9 Gregory Jayasuriya (218) Middlesbrough & Cleveland Harriers 15.56 M   
10 Andy Burn (193) Jarrow & Hebburn AC 15.57 M   
11 Harry Coates (174) Wallsend Harriers 16.03 M   
12 Chris Smith (186) Wallsend Harriers 16.04 M   
13 Tom Danby (223) New Marske 16.05 M   
14 Brendan McMillan (258) Claremont R.R. 16.07 M   
15 Nathan Reed (153) Sunderland Harriers 16.16 M   
16 Keith Smith (154) Tyne Bridge 16.21 M O45  
17 Lee Bennett (18) Elswick Harriers 16.22 M O40  
18 Paul Wilson (252) Hartlepool Burn Road 16.24 M   
19 Craig Isherwood (207) Sunderland Harriers 16.26 M   
20 Brian Hetherington (189) Wallsend Harriers 16.29 M O45  
21 Chris Rumsey (217) Middlesbrough & Cleveland Harriers 16.32 M   
22 Michael Hedley (110) Jesmond Joggers 16.34 M   
23 Stewy Bell (196) Blackhill Bounders 16.36 M O40  
24 Andrew Pearson (72) New Marske 16.41 M O40  
25 Fergus Bates (118) Morpeth Harriers 16.42 M   
26 Michael Barker (71) Chester-le-Street 16.43 M   
27 Tim Field (111) Sunderland Harriers 16.43 M O45  
28 Andy Graham (187) Wallsend Harriers 16.44 M   
29 Jonathan Wilkinson (75) Durham City 16.44 M   
30 Liam Emmett (157) South Shields 16.45 M   
31 Michael Thomsen (55) Morpeth Harriers 16.48 M   
32 Thomas Staughan (275) Morpeth Harriers 16.49 M   
33 Steven Potts (128) Sunderland Harriers 16.50 M   
34 Patrick Duffy (120) Unattached 16.53 M   
35 David France (40) Low Fell RC 17.00 M   
36 Joseph Turner (86) Tyne Bridge 17.01 M   
37 Sparrow Marley (64) Tyne Bridge 17.02 M   
38 Paul Waterston (201) Morpeth Harriers 17.07 M O45  
39 Jonathan Baines (230) Durham City 17.14 M   
40 Floyd Jone (208) Newton Aycliffe AC 17.16 M O45  
41 Oliver Jardine (150) Heaton Harriers 17.17 M   
42 Jon Dobson (54) Sunderland Harriers 17.19 M O45  
43 Yonas Fekau (248) Middlesbrough & Cleveland Harriers 17.21 M   
44 Shaun Lawson (242) Middlesbrough & Cleveland Harriers 17.23 M   
45 Dan Weatherill (184) Wallsend Harriers 17.24 M   
46 Danielle Hodgkinson (178) Wallsend Harriers 17.28 F   
47 Patrick Houghton (53) North Shields Poly 17.32 M   
48 Jason Clark (12) Elswick Harriers 17.39 M   
49 Steve Gordon (10) Sunderland Harriers 17.41 M O40  
50 Angela Hibbs (127) Jarrow & Hebburn AC 17.44 F   
51 John Sturman (282) Wallsend Harriers 17.44 M   
52 Phil Musgrave (262) North York Moors AC 17.50 M   
53 Chris Gillis (247) Claremont R.R. 17.51 M   
54 Alex Snook (8) Jarrow & Hebburn AC 17.54 F   
55 Garry Robson (222) North Shields Poly 17.56 M O45  
56 Carolyn Summersgill (243) Middlesbrough & Cleveland Harriers 17.57 F   
57 Lorna Young (246) Heaton Harriers 17.57 F   
58 Alistair MacDonald (112) Morpeth Harriers 17.59 M O45  
59 Gordon Dixon (73) Morpeth Harriers 18.01 M O50  
60 Jon Parker (83) North York Moors AC 18.02 M   
61 Dominic Dunn (215) Middlesbrough & Cleveland Harriers 18.03 M   
62 Kevin Emmett (156) South Shields 18.04 M O45  
63 Danny Carlyon (202) Sunderland Harriers 18.05 M   
64 Paul Leigh (185) Wallsend Harriers 18.06 M O45  
65 Chris Waugh (107) Morpeth Harriers 18.08 M O50  
66 Daniel Whittle (221) Durham City 18.08 M   
67 Roger Sillito (42) Low Fell RC 18.10 M   
68 Christopher Wilkinson (76) Durham City 18.13 M   
69 Bruce Crombie (274) Alnwick Harriers 18.14 M   
70 Kevin Stephenson (66) Elswick Harriers 18.14 M O45  
71 Dave Littlemore (235) Elswick Harriers 18.15 M O60  
72 Stephen Mussett (257) Loftus & Whitby AC 18.16 M   
73 Kevin Knight (238) Durham City 18.19 M O40  
74 Jon Balmer (142) South Shields 18.20 M   
75 David Morrow (194) Unattached 18.22 M   
76 Paul James (273) Wallsend Harriers 18.23 M   
77 Kevin Lister (97) North East Vets 18.24 M O40  
78 Scott McEntee (237) Heaton Harriers 18.24 M   
79 Graham Armstrong (231) Wallsend Harriers 18.25 M O50  
80 Paul Wilkinson (109) North Shields Poly 18.25 M   
81 Mick Skeldon (181) Wallsend Harriers 18.28 M O40  
82 Matthew Fearn (74) Unattached 18.29 M   
83 Tracey Waller (254) Hartlepool Burn Road 18.32 F O40  
84 Bryan Astll (253) Hartlepool Burn Road 18.33 M O45  
85 Jason Bridgewatter (271) Crook AC 18.33 M O40  
86 Andy Lisle (84) Tyne Bridge 18.34 M   
87 Paul Weir (205) Unattached 18.35 M   
88 Jordan Bell (197) Blackhill Bounders 18.37 M   
89 Joanne Lee (251) Tynedale Harriers 18.38 F O35  
90 Paul Brown (188) Wallsend Harriers 18.38 M O45  
91 Barry Allsopp (182) Wallsend Harriers 18.39 M O55  
92 Clare McManus (106) North Shields Poly 18.40 F O35  
93 Thomas Bell (244) Heaton Harriers 18.40 M   
94 Vicky Hindson (172) Wallsend Harriers 18.42 F   
95 James McAnaney (80) Sunderland Harriers 18.45 M   
96 Andy Harrison (269) Tyne Bridge 18.48 M O40  
97 Darren McBain (239) Durham City 18.50 M   
98 Paul Cooper (103) Sunderland Harriers 18.51 M O40  
99 Chris Herkes (21) Durham City 18.53 F   
100 Chloe Price (126) Durham City 18.56 F   
101 David Henson (5) Unattached 18.57 M   
102 Ben Darcy (276) Jesmond Joggers 18.58 M   
103 Elaine Leslie (77) Jarrow & Hebburn AC 19.00 F O40  
104 Ross Anderson (259) Unattached 19.02 M   
105 Trevor Baker (241) Middlesbrough & Cleveland Harriers 19.03 M O45  
106 Graeme Pullan (261) Sunderland Strollers 19.09 M   
107 Jason Stirland (138) North Shields Poly 19.09 M   
108 Shaun Brown (92) Tyne Bridge 19.09 M   
109 Alan Knebel (105) Unattached 19.11 M O40  
110 Iain Singer (164) Blyth RC 19.12 M O40  
111 Aidan Crowe (91) Sunderland Strollers 19.13 M   
112 Mark McNally (195) Elswick Harriers 19.16 M O65  
113 John Watson (122) Sunderland Harriers 19.20 M O55  
114 Peter Richardson (95) Sunderland Harriers 19.21 M O60  
115 Stephen Barker (119) Unattached 19.21 M   
116 Robert Sewell (255) Morpeth Harriers 19.24 M O55  
117 Jason Catterall (233) Sedgefield Harriers 19.27 M   
118 Richie Gerry (270) Sunderland Strollers 19.32 M O45  
119 Keith Lewis (100) Sunderland Harriers 19.34 M O45  
120 Ben Craig (160) Sunderland Harriers 19.36 M   
121 Demen Sonquinson (204) Blackhill Bounders 19.38 M O40  
122 Malcolm Leece (162) Jarrow & Hebburn AC 19.43 M   
123 Shaun Bagley (203) Sunderland Harriers 19.43 M   
124 Caroline Freeman (136) Tyne Bridge 19.44 F   
125 Hamish McAllister-Williams (17) Morpeth Harriers 19.45 M O50  
126 Ron Wills (101) Sunderland Harriers 19.46 M O50  
127 Kevin Carraher (34) Sunderland Harriers 19.50 M O50  
128 Dean Phillips (45) Sunderland Harriers 19.59 M O40  
129 Suzanne Thew (121) North Shields Poly 20.04 F O35  
130 Christopher Kent (50) Unattached 20.08 M   
131 Mick Joyce (206) Jarrow & Hebburn AC 20.09 M O55  
132 Sue Phillips (166) Darlington Harriers 20.11 F O45  
133 Antony Beynon (32) Elswick Harriers 20.13 M   
134 Christopher Burns (98) North Shields Poly 20.14 M   
135 Frank Devlin (272) Gateshead Harriers 20.17 M O55  
136 David Johnson (211) North Shields Poly 20.18 M O55  
137 Katie Jones (68) North Shields Poly 20.21 F O45  
138 Alison Dixon (240) North Shields Poly 20.22 F   
139 Neil Yorkston (284) South Shields 20.24 M   
140 Jayne Parkin (265) North York Moors AC 20.25 F O35  
141 Lee Coulson (28) Elswick Harriers 20.31 M   
142 Graham Youngson (260) Loftus & Whitby AC 20.37 M O60  
143 M Carr (234) North Shields Poly 20.41 M   
144 Marc Richardson (39) Sunderland Strollers 20.43 M   
145 Amy Coulson (130) Sunderland Harriers 20.45 F   
146 Lorna MacDonald (114) Morpeth Harriers 20.47 F   
147 Joy Fenwick (65) Tyne Bridge 20.51 F   
148 Becki Newman (173) Wallsend Harriers 20.52 F   
149 Michael Braban (132) Low Fell RC 20.53 M   
150 Jeff Henderson (228) North East Vets 20.54 M O40  
151 Mark Doctor (2) Alnwick Harriers 20.54 M   
152 Peter Sloan (61) Elswick Harriers 21.04 M O55  
153 James Walton (277) Unattached 21.06 M   
154 Philip Rees (88) North Shields Poly 21.08 M O55  
155 Tom Hanson (70) Elswick Harriers 21.10 M O55  
156 Lisa Henderson (267) North Shields Poly 21.11 F   
157 Alison Cummings (13) North Shields Poly 21.15 F O55  
158 Martin Phillips (165) Darlington Harriers 21.19 M O50  
159 David White (44) Sunderland Harriers 21.22 M O60  
160 Jim Wightman (43) Sunderland Harriers 21.22 M O65  
161 Lee Renney (81) Unattached 21.23 M O40  
162 Helen Gallagher (144) Unattached 21.25 F O35  
163 Ron Murray (62) Tyne Bridge 21.25 M O60  
164 Steven French (210) Blyth RC 21.32 M   
165 Robert Welsh (268) Sunderland Strollers 21.35 M O45  
166 Jack Kelly (152) Sunderland Harriers 21.36 M   
167 Gary Lewis (183) Wallsend Harriers 21.43 M   
168 Paul Johnson (3) Unattached 21.45 M O40  
169 Megan Parkin (90) Tyne Bridge 21.46 F   
170 Andrew Hudson (58) Jarrow & Hebburn AC 21.47 M   
171 Len Christopher (36) Sunderland Harriers 21.48 M O65  
172 Tony Maddocks (180) Wallsend Harriers 21.49 M O45  
173 Craig Huddart (229) Unattached 21.50 M   
174 Stevie Curry (219) Elswick Harriers 21.50 M O50  
175 Jock Bolan (209) Alnwick Harriers 21.51 M O40  
176 Rachel Bentley (123) Durham City 21.55 F   
177 Melaine Fisher (213) Claremont R.R. 21.58 F   
178 Colin McEntee (236) Heaton Harriers 22.00 M O60  
179 Paul West (69) Sunderland Strollers 22.01 M O45  
180 Sven Schierig (79) North Shields Poly 22.07 M O40  
181 C Close (280) Unattached 22.15 M O40  
182 Chris Hogarth (4) Claremont R.R. 22.19 M   
183 Vicki Thompson (225) Jarrow & Hebburn AC 22.21 F O40  
184 Mary Lisle (67) Elswick Harriers 22.23 M   
185 Marie Drozdowick (212) Morpeth Harriers 22.28 F O50  
186 Kirstan Farquhar (29) Durham City 22.29 F O40  
187 John Brettell (143) North Shields Poly 22.41 M O55  
188 Gill Weatherill (168) Wallsend Harriers 22.42 F O40  
189 Jim Flynn (190) Wallsend Harriers 22.43 M O65  
190 Chris Parkin (89) Tyne Bridge 22.45 M O45  
191 Alex Pearson (151) Sunderland Harriers 22.49 M   
192 Alan Chapman (60) Sunderland Harriers 23.01 M O50  
193 Emma Blackett (177) Wallsend Harriers 23.07 F O35  
194 Jane Lowes (226) Tyne Bridge 23.09 F O45  
195 David Mills (214) Jarrow & Hebburn AC 23.12 M O50  
196 David George (278) Unattached 23.14 M   
197 Steve Cunningham (192) Wallsend Harriers 23.15 M   
198 James Taylor (131) Unattached 23.19 M O40  
199 Brian Hume (200) Low Fell RC 23.22 M O65  
200 Isao Hara (41) Saltwell Harriers 23.24 M   
201 Jill Bennett (19) Elswick Harriers 23.26 F O35  
202 Bob Balmer (141) South Shields 23.31 M O65  
203 Julie Richardson (22) Elswick Harriers 23.34 F O35  
204 Alan Elder (227) Low Fell RC 23.35 M O60  
205 Alex Richardson (191) Wallsend Harriers 23.36 M O60  
206 Pamela Woodcock (163) Morpeth Harriers 23.56 F O60  
207 Michael Hancock (266) Unattached 24.18 M   
208 Emma Buckton (170) Wallsend Harriers 24.20 F   
209 John Smith (124) New Marske 24.25 M O60  
210 Maresa Bell (198) Blackhill Bounders 24.39 M   
211 Paul Mustard (115) Unattached 24.41 M O45  
212 Caroline Hasson (179) Wallsend Harriers 24.48 F O35  
213 Tajinder Singh (288) Sunderland Strollers 24.53 M   
214 Christine Lee (48) Elswick Harriers 24.56 F O70  
215 Peter Smith (82) Unattached 24.57 M O60  
216 Rod Richardson (23) Elswick Harriers 25.02 M O40  
217 Dominic McBride (263) Tyne Bridge 25.03 M   
218 Stacey Davidson (169) Wallsend Harriers 25.10 F   
219 Helen Pagett (158) Heaton Harriers 25.13 F   
220 Pamela Gold (139) Heaton Harriers 25.14 F O65  
221 Amy Bannister (176) Wallsend Harriers 25.16 F   
222 Vivienne Kirchin (149) Elswick Harriers 25.16 F O40  
223 Katie Neil (171) Wallsend Harriers 25.21 F   
224 Claire Carmichael (175) Wallsend Harriers 25.23 F   
225 Katie Robson (134) Elswick Harriers 25.29 F O35  
226 Peter Maylia (137) Morpeth Harriers 25.33 M O55  
227 Carole Watt (264) Wallsend Harriers 25.34 F O50  
228 Janette Kilgour (147) Heaton Harriers 25.35 F O60  
229 Wayne McCann (145) Unattached 25.37 M   
230 Michelle Mustard (116) Unattached 25.47 F O40  
231 John Cosgrove (287) Sunderland Strollers 26.11 M   
232 Neil Wilson (283) Unattached 26.20 M O45  
233 Tina McIver (135) Elswick Harriers 26.21 F O55  
234 Rebecca Bennet (249) Gateshead Harriers 26.22 F   
235 Mick Duff (245) Tyne Bridge 26.25 M O65  
236 Margaret MacDonald (113) Morpeth Harriers 26.40 F O45  
237 Gemma Dixon (285) Sunderland Strollers 26.42 F   
238 Ian Blake (94) Unattached 27.03 M   
239 Alan Ridley (93) Unattached 27.16 M O40  
240 David Whitmore (117) South Shields 27.22 M O70  
241 Elizabeth Pallister (38) Elswick Harriers 27.40 F O55  
242 Alison Parry (281) Unattached 27.51 F O35  
243 Lindsey Deary (286) Sunderland Strollers 27.58 F   
244 Geoff Hume (199) Low Fell RC 28.08 M O70  
245 Danielle Rutherford (108) Tyne Bridge 28.12 F   
246 Mark Hume (224) Alnwick Harriers 29.40 M O65  
247 Fiona Ottewell (155) Unattached 32.29 F O45  
248 Caroline Morrow (279) South Shields 32.42 F   
249 George Routledge (146) Heaton Harriers 34.39 M O65